



Skaters Code of Conduct

Purpose: The Skaters Code of Conduct outlines the guidelines, expectations and responsibilities for skaters/parents/guardians of the West Hillhurst Skating Club. By agreeing to this document, skaters/parents/guardians acknowledge their role in delivering a positive, safe, courteous and respectful experience for all skaters and families.

Scope: Applies to all West Hillhurst Skating Club (WHSC or the Club) members and guests.

Implementation Date: July 1, 2026

GENERAL GUIDELINES

1 Conduct & Representation

Skaters are expected to behave respectfully and responsibly—on and off the ice, at events, and online. They are representing West Hillhurst Skating Club (or their home club) and should carry themselves accordingly.

2 Good Standing Requirement

Skaters must be in good standing with the club to participate in assessments, competitions, or special events.

3 Safe Environment

Respect and inclusion are expected at all times. Bullying, profanity, or verbal/physical abuse will not be tolerated.

4 Dressing Room Use

Appropriate behavior is required in dressing rooms. Violations may result in restricted access.

5 Valuables

Leave valuables and money at home. The club is not responsible for lost or stolen items.

6 Parent Guidelines

- Parents are not permitted on the ice, at ice level, or in dressing rooms.
- Parents are highly encouraged to support their skater by spectating in the stands or behind the glass. Unless there is an emergency, parents will not communicate with or interrupt skaters during their training sessions.
- Only screened coaches and Board members may enter field-of-play areas.
- Parents remain responsible for their child's behavior while at the rink.

7 Complaints or Concerns

Must be submitted in writing (email or letter) to the WHSC Board. Please do not approach Board members at the rink, at home or at work.

OFF-ICE EXPECTATIONS

8 Attendance & Participation

Skaters are expected to attend and fully participate in all off-ice sessions unless excused by their base coach. The base coach must inform the off-ice instructor if the skater will be absent.

9 Punctuality

Skaters arriving more than 5 minutes late may not be permitted to join for safety reasons.

10 Required Items

- Running sneakers
- Activewear only
- Yoga mat
- Skipping rope
- 1-to-2-pound weights

11 Dress & Conduct

- Athletic clothing suitable for movement is required.
- No hooded or extra baggy/loose sweatshirts or jackets.
- Flip flops, boots or slip on shoes are not permitted.
- Hair must be tied back neatly.
- Phones and earbuds must be put away.
- No food during off-ice—water only.
- Respectful, focused participation is expected.
- Disruptive behavior will result in removal from class.

ON-ICE EXPECTATIONS

12 Session Access & Timeliness

Skaters may only skate on sessions they are registered and qualified for unless approved by the Director or Board. All sessions run by the arena clock—be on time and ready to learn.

13 Dress Code

- Skating-appropriate attire: dress, skirt, or fitted athletic wear (e.g., leggings).
- No jeans, pajama pants or extra baggy clothing.
- Hair must be tied back neatly.

14 Ice Etiquette

- Enter and exit along the boards.
- Skaters must wait until the Zamboni doors have closed before entering onto the ice.
- A Skate Canada certified coach must be at the boards before any skater may step onto the ice.
- It is important to be aware, cautious and considerate of other skaters.
- Keep moving! Look where you are going at all times! Skaters are responsible for looking in the direction they are skating.
- Spin in the center! Spins should be practiced in the center of the rink.
- Do not linger in the jumping lanes! Most jumping is done at the ends of the rink.
- No standing around, chatting, or kicking the ice.

- Skaters will move to the boards if a break is required. Skaters must not stand in the middle of the ice.
- All skaters must get up quickly after falling, unless injured, to prevent endangerment of themselves or other skaters.
- No pushing, tripping, foul language or horseplay.
- Listening, effort, and respectful behavior are expected.
- Use of cell phones (except by coaches for video/music purposes) is prohibited during all on-ice and off-ice training sessions.

15 Right of Way

- Skaters in private lessons with music have first priority.
- Skaters with music playing have second priority. *Skaters running solos or doing assessments must sign up on the program music board and are encouraged to wear the green Theraband to signal the need for space. If you choose not to wear the band, others may not know to give way.
- Skaters in a lesson have third priority.
- Skaters in a jump or spin entrance.

16 Coach Permission

Skaters must ask their coach before leaving the ice.

17 Water Only

Only water is allowed on the ice, no glass bottles. No food or snacks.

18 On-ice Equipment

The harness must only be used in a lesson with a qualified WHSC coach.

Skaters are not allowed to record another skater or any coach without permission.

DISCIPLINE POLICY – 3 STRIKE RULE

3-Strike Rule:

- If a skater breaks the rules, they will receive a verbal warning, and their parent(s) or guardian will be notified by their base coach.
- If the behavior continues, a written warning will be sent to the skater, parent and coach by the club.
- If the behavior persists, the skater may be suspended for a minimum of one month, at the Board's discretion.

Serious Violations: If a skater or parents' behavior is a serious breach of conduct, they may be immediately suspended at the board's discretion. ***In cases of suspension, NO REFUND of any kind will be granted.***

Signed Skater: _____ **Signed Parent:** _____

Date: _____